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PSYCHOLOGY, B.A.

Program Description

The Psychology major is offered as both a Day and Evening program. The curriculum has four concentrations (Pre-Mental Health, I/O Psychology, Biopsychosocial, General) allowing students to move through the major based on their interests and career goals. The Psychology major prepares students for graduate study in both research and applied disciplines; for professional school (e.g., medicine, law, business); and for direct entry into the workforce.

Why Take This Major?

Psychology is a science that seeks to understand and describe human behavior and relationships. Students in this major will continuously build their awareness of the needs of our diverse society, the role that research plays in enriching our understanding of life, and the ways in which the profession of psychology serves to improve the human condition through ethical research, practice, and application.

A major in Psychology offers a number of desirable skills. First, students develop a sophisticated understanding of the complexities of human behavior and thinking. Second, students develop quantitative and research skills that allow them to appreciate and undertake the study of human behavior and thinking. Third, students gain interpersonal skills for collaboration and teamwork. In addition, students become part of a community of scholars that includes faculty, graduate students, and fellow undergraduate students.

Degree Earned

Bachelor of Art (B.A.)

Required for Graduation

- Courses
 - Major. 13
- · Credits
 - Major. 41
 - Total: 120
- GPA
 - Major. 2.0
 - Cumulative: 2.0

Student Learning Outcomes

APA Goal 1: Content Knowledge and Applications

 SLO 1: Students will analyze psychological theories and concepts to demonstrate comprehension and application.

APA Goal 2: Scientific Inquiry and Critical Thinking

 SLO 2: Students will evaluate psychological research methodology by critiquing empirical articles.

APA Goal 3: Values in Psychological Science

 SLO 3: Students will identify ethical principles in psychological research upon completing CITI training. SLO 4: Students will demonstrate cultural competency standards by identifying the intersection of race, gender, and class in historical and contemporary contexts.

APA Goal 4: Communication, Psychological Literacy, and Technology Skills

 SLO 5: Students will produce written work in APA style that communicates psychological concepts and research clearly and effectively.

APA Goal 5: Personal and Professional Development

 SLO 6: Students will create a comprehensive personal development plan with career goals and strategies for professional growth in psychology.

Progress Chart

Level One - Core Courses

12 courses and 2 modules required.

Major Requirements

Major requirements include 4 Level Two ILO requirements, fulfilled through the major.

Students in this major must complete 13 courses for this major.

Code Title Credits

Level One - Core Courses

Universal Required Courses

Students must complete the following 4 courses.

ILO 8.1: Written Communication (https://catalog.lasalle.edu/undergraduate/ilo/)

ENG 110 College Writing I: Persuasion

ILO 5.1: Information Literacy (https://catalog.lasalle.edu/undergraduate/ilo/)

ENG 210 College Writing II: Research

ILO 1.1: Understanding Diverse Perspectives (https://catalog.lasalle.edu/undergraduate/ilo/)

FYS 130 First-Year Academic Seminar (ILO 1.1:

Understanding Diverse Perspectives (https://catalog.lasalle.edu/undergraduate/ilo/))

ILO 2.1: Reflective Thinking and Valuing (https://catalog.lasalle.edu/undergraduate/ilo/)

REL 100 Religion Matters

Elective Core Courses

Students must complete 1 course in each of the following 4 ILOs.

ILO 3.1a: Scientific Reasoning (https://catalog.lasalle.edu/undergraduate/ilo/)

PSY 155 Introduction to Psychology

ILO 3.1b: Quantitative Reasoning (https://catalog.lasalle.edu/undergraduate/ilo/)

MTH 150 Mathematics: Myths and Realities

ILO 6.1: Technological Competency (https://catalog.lasalle.edu/undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/undergraduate/ilo/)

ILO 8.1a/12.1: Oral Communication/Collaborative Engagement (https://catalog.lasalle.edu/undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/ undergraduate/ilo/)

Distinct Discipline Core Courses

ILO 4.1: Critical Analysis and Reasoning (https://catalog.lasalle.edu/ undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/ undergraduate/ilo/)

ILO 9.1: Creative and Artistic Expression (https://catalog.lasalle.edu/ undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/ undergraduate/ilo/)

ILO 10.1: Ethical Understanding and Reasoning (https:// catalog.lasalle.edu/undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/ undergraduate/ilo/)

ILO 11.1: Cultural and Global Awareness and Sensitivity (https:// catalog.lasalle.edu/undergraduate/ilo/)

Choose course within ILO (https://catalog.lasalle.edu/ undergraduate/ilo/)

Universal Required Modules

Students must complete the following 2 non-credit modules. 2

ILO 7.1a (https://catalog.lasalle.edu/undergraduate/ilo/)

Health Literacy Module

ILO 7.1b (https://catalog.lasalle.edu/undergraduate/ilo/)

Financial Literacy Module

Major Requirements

Level Two

PSY 481

Students must complete 1 course/learning experience in each of the 4 commitments

ILO 2.2: Broader Identity (Capstone Course/Experience) (https:// catalog.lasalle.edu/undergraduate/ilo/)

Select one of the following: ILO 2.2 I/O Psychology Concentration and Biopsychosocial Concentration must select PSY 481

PSY 480 Emotions (ILO 2.2)

Research Design II (ILO 2.2) Select one ILO from 3.2a, 3.2b, 4.2, 5.2, 6.2, 7.2a, or 7.2b: Expanded Literacies (https://catalog.lasalle.edu/undergraduate/ilo/)

PSY 211 Statistics I (ILO 3.2a)

ILO 8.2b: Effective Expression (Writing-Intensive Course) (https:// catalog.lasalle.edu/undergraduate/ilo/)

PSY 349 Theories of Personality (ILO 8.2b)

Select one ILO from 10.2, 11.2, or 12.2: Active Responsibility (https:// catalog.lasalle.edu/undergraduate/ilo/)

PSY 330 Research Design I (ILO 10.2)

All Other Required Courses

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	MTH 150	Mathematics: Myths and Realities		
	PSY 311	Statistics II		
	Choose One:			
	SOC 262	Dynamics of Race and Ethnicity in Contemporary Societies		
	SWK 281	Dynamics of People in Diverse Environments (Formerly HBSE II)		

CONCENTRATIONS

Students must choose one of the following concentrations:

General Concentration

Two 200-level courses

Two 300-level courses

One 200-level, 300-level, PSY 444, or PSY 460

Pre-Mental Health Concentration

PSY 210	Developmental Psychology
PSY 220	Psychopathology
PSY 340	Psychological Assessment
PSY 350	Counseling Theories and Principles
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Choose One:

300-level PSY	course
ARTH 312	Art and Medicine

PSY 460 Internship I

Industrial Organizational Concentration

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PSY 261	Cognitive Psychology	
PSY 361	Indust/Organizational Psych	
PSY 340	Psychological Assessment	
BUS 203	Organizational Behavior and Skill Development	
BUS 303	Legal and Ethical Environment of Business	
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Developmental Psychology

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Research in PSY II

Biopsychosocial Concentration

PSY 210

DCV 220

PSY 445

PSY 220	Psychopathology
PSY 444	Research in PSY I
Choose One:	
PSY 371	Adult Development & Aging
PSY 373	Human Sexuality
PSY 342	Speech and Language Development

In addition to the requirements listed above, students must take enough courses to the fulfill graduation credit requirements for their School and major.

Total Credits 10

NOTE. The following students use Level 2 Capstone Experience in Major instead of FYS 130 First-Year Academic Seminar: Honors, BUSCA, Core-to-Core, Transfer, and Non-Traditional/Evening.

The Modules are **not** required for Transfer Students, Core-to-Core Students, or BUSCA Students. BUSCA students are required to take modules if/when they pursue a bachelor's degree.

Recommended Course Sequence

We strongly recommend that students consult with their academic advisers in planning their course sequence and selection of electives.

General Concentration:

	Credits	6
MTH 150	Mathematics: Myths and Realities	3
PSY 155	Introduction to Psychology	3
First Semester		
First Year		
Course	Title	Credits

Second Semester			Fourth Year		
200-level PSY elective		3	First Semester		
	Credits	3	PSY Elective: 300-leve	I PSY course, ARTH 312, or PSY 460	3
Second Year				Credits	3
First Semester			Second Semester		
PSY 211	Statistics I	3	PSY 480 or PSY 481		4
SOC 262 OR SWK 281		3		Credits	4
	Credits	6		Total Credits	41
Second Semester					
PSY 311	Statistics II	3	Industrial/Orgai	nizational Psychology Concentration:	
200-level PSY elective		3	Course	Title	Credits
	Credits	6	First Year		
Third Year			First Semester		
First Semester			PSY 155	Introduction to Psychology	3
PSY 330	Research Design I	4	MTH 150	Mathematics: Myths and Realities	3
PSY 349	Theories of Personality	3		Credits	6
	Credits	7	Second Semester		
Second Semester			PSY 261	Cognitive Psychology	3
200- or 300-level PSY ele	ective PSY 444 or PSY 460 can be an exception	3		Credits	3
300-level PSY elective		3	Second Year		
	Credits	6	First Semester		
Fourth Year			PSY 211	Statistics I	3
First Semester			SOC 262 OR SWK 281		3
300-level PSY elective		3		Credits	6
	Credits	3	Second Semester		
Second Semester	oreats	3	PSY 311	Statistics II	3
PSY 480 or 481		4	PSY 361	Indust/Organizational Psych	3
P31 400 01 401	Overdite	4		Credits	6
	Credits		Third Year	3.54.15	· ·
	Total Credits	41	First Semester		
Dro-Montal Hoalt	th Concentration:		PSY 330	Research Design I	4
Course	Title	Credits	PSY 349	Theories of Personality	3
First Year	ride	Credits		Credits	7
First Semester			Second Semester	Credits	•
PSY 155	Introduction to Povehology	2	PSY 340	Dayahalagiaal Assasament	2
MTH 150	Introduction to Psychology	3	BUS 203	Psychological Assessment	3
WITH 130	Mathematics: Myths and Realities		BUS 203	Organizational Behavior and Skill Development	3
0	Credits	6	Farmel Varia	Credits	6
Second Semester		0	Fourth Year		
PSY 220	Psychopathology	3	First Semester		
	Credits	3	BUS 303	Legal and Ethical Environment of Business	3
Second Year				Credits	3
First Semester			Second Semester		
PSY 211	Statistics I	3	PSY 481	Research Design II	4
SOC 262 OR SWK 281		3		Credits	4
	Credits	6		Total Credits	41
Second Semester				la di	
PSY 311	Statistics II	3		ll Concentration:	
PSY 210	Developmental Psychology	3	Course	Title	Credits
	Credits	6	First Year		
Third Year			First Semester		
First Semester			PSY 155	Introduction to Psychology	3
PSY 330	Research Design I	4	MTH 150	Mathematics: Myths and Realities	3
PSY 349	Theories of Personality	3		Credits	6
	Credits	7	Second Semester		
Second Semester			PSY 210	Developmental Psychology	3
PSY 340	Psychological Assessment	3	PSY 220	Psychopathology	3
PSY 350	Counseling Theories and Principles	3		Credits	6
	Credits	6	Second Year		
		·	First Semester		
			PSY 211	Statistics I	3
					-

Minors

 Psychology, Minor (https://catalog.lasalle.edu/undergraduate/artssciences/psychology/psychology-ba/psychology-minor/)

Course Descriptions Psychology

PSY 155 Introduction to Psychology

This course provides a general introduction to the discipline of psychology. Emphasis is given to the methods, theories, and findings of psychological research. Areas covered may include biological bases of behavior, learning, perception, thinking, development, personality, psychopathology, and social behavior.

PSY 170 Special Topics

PSY 171 Special Topics

PSY 210 Developmental Psychology

This course provides a study of the theories and research relevant to understanding human development from conception through adulthood, with special emphasis on childhood and adolescence. Biological, cognitive, and socioemotional processes are examined.

PSY 211 Statistics I

This course is the first semester of a two semester sequence in statistics covering descriptive and inferential statistics and the logic of hypothesis testing. Emphasis in this course is on understanding the statistical technique and its meaning in making research decisions. (Formerly PSY 310.) Pre-requisite: MTH 150

PSY 220 Psychopathology

This is an introductory course surveying the principal forms of mental disorders, with emphasis on causes, symptoms, and treatment. An analysis of the problem of maladaptive behavior and the study of certain personality and behavior patterns.

PSY 225 Social Psychology

This course provides a study of the research findings and theories dealing with the phenomena of social behavior. Focuses on individual behavior as it affects and is affected by the behavior of others.

PSY 242 Introduction to Language and Communication

This course presents an introduction to linguistics, which is the study of human language and communication. Each major branch of linguistics is surveyed with an emphasis on the structure, content, and use of English. This course also explores language variation and the relationship between language and culture, language and the brain, and how children develop language. Students practice techniques for linguistic analysis, and clinical applications to the fields of speechlanguage pathology and psychology are discussed. This class is crosslisted with COSD 100.

PSY 261 Cognitive Psychology

How do we acquire, store, retrieve, and use knowledge? This course investigates how we make sense of our experience by examining classic and contemporary theory and research in human information processing, the representation and organization of knowledge, and the use of higher cognitive skills. Topics may include attention, perception, memory, imagery, language, problem solving, creativity, reasoning, and decision making. Restriction(s): Sophomore standing or above. Formerly PSY 415. Prerequisite(s): PSY 155

PSY 262 Biological Psychology

This course is an introduction to the neurological and endocrinological bases of behavior. Consideration is given to sensory and motor processes, motivation and emotion, and learning and memory.

PSY 265 Stress and Health

This course explores the relationship between stress and health through both a didactic method as well as experiential group exercises, journal writing, guided imagery, and drawing. Introduction to stress-management strategies is provided through readings and hands-on application of demonstrated techniques.

PSY 270 Special Topics

This course examines contemporary issues in psychology (e.g., psychology of women, drug abuse, forensic psychology, sports psychology, or prejudice). Prerequisite: varies with topics.

PSY 271 Special Topics

This course examines contemporary issues in psychology (e.g., psychology of women, drug abuse, forensic psychology, sports psychology, or prejudice). Prerequisite: varies with topics.

PSY 272 Theories of Learning

This course offers an introduction to key theories and research that seek to explain how humans and animals learn. The course may explore concepts such as classical conditioning, operant conditioning, reinforcement, punishment, social learning, and modeling. Theories of learning will be presented in light of recent experiments in animal and human learning.

PSY 273 Special Topics

PSY 275 Special Topics

PSY 276 Special Topics

PSY 311 Statistics II

This course is the second part of a two semester sequence in statistics focusing on the use of SPSS as a tool to assist in describing data, hypothesis testing, and making data supported decisions. Emphasis in this course is on the analysis of data and the communication of statistically supported findings. Prerequisite(s): PSY 155, PSY 211 or PSY 310

PSY 330 Research Design I

This course focuses on introducing students to the techniques and methods of descriptive and inferential research, as well as research ethics, as they are applied to psychological science. Prerequisite(s): PSY 155, PSY 211 or PSY 310, and 311.

PSY 340 Psychological Assessment

This course examines the selection, administration, and interpretation of psychological tests used in the measurement of aptitudes, achievement, interest, and personality. Prerequisite(s): PSY 155 and PSY 211 or PSY 310

PSY 342 Speech and Language Development

This course explores the specific nature, sequence, and patterns of language development from birth through adolescence and its relation to other aspects of child development. Conditions that place infants and children at risk for speech and language disorders are explored. Patterns of normal language development are discussed as guide for the evaluation and treatment of children with developmental language disorders. Prerequisite(s): COSD 100 or PSY 242, or permission of instructor. This course is cross-listed with COSD 203.

PSY 349 Theories of Personality

This course explores the major theoretical perspective on personality formation and development. Recent trends, research methodology, and personality measurement will be included. By the end of the class, students will have gained a broad understanding of key personality theories from different viewpoints and insights into how these perspectives help explain, predict, and modify human behavior across contexts. This course meets the Writing Intensive designation for the Core Curriculum. Formerly PSY 425. Pre-requisites: PSY 155

PSY 350 Counseling Theories and Principles

This course provides an introduction to the major theories and principles that serve as the foundation for the practice of counseling and psychotherapy. Students will explore the historical roots and key tenets behind each major theory, examine intervention techniques, and apply theories to diverse case examples. By the end of the course, students will understand the dynamics of human change that inform the nature and process of therapy. Prerequisite(s): PSY 155

PSY 360 Health Psychology

This course is an overview of key topics, theories, and issues in Health Psychology. Topics include stress, eating, exercise, coping, and the effect of individual traits and psychological/social processes on health. Previously, this special topics course focused exclusively on stress. It has been extended to reflect trends in the fields of psychology and managed care. The intent is to help students become more prepared for entry into graduate school, medical school, or a professional setting. Prerequisite(s): PSY 155

PSY 361 Indust/Organizational Psych

This course offers a study of the application of psychological principles and theories to organizational settings. Topics examined include research methodology, employee selection and assessment, leadership, motivation, job satisfaction, and characteristics of the workplace that affect employee and organizational well-being. Formerly PSY 230. Prerequisite(s): PSY 155, PSY 211

PSY 370 Special Topics

This course examines contemporary issues in psychology (e.g., psychology of women, drug abuse, forensic psychology, sports psychology, or prejudice). Prerequisite: varies with topics.

PSY 371 Adult Development & Aging

This course is an introduction to the scientific study of adulthood, including early adulthood, middle adulthood (mid-life), and late adulthood (from youngest-old to oldest-old). The focus is on theories, processes, and research on adult development, with emphasis on the interdependency of biological, psychological, and socio-environmental factors. Formerly PSY 215. Pre-requisites: PSY 155, PSY 210

PSY 372 Special Topics

PSY 373 Human Sexuality

This course is a survey of the theory, research, and issues related to sexuality from a psychological perspective. Topics will include the biological, psychological, and social foundations of human sexuality, human reproduction, cross-cultural perspectives on social behavior and contemporary society, gender roles and stereotypes, the expression of human sexuality, and sex-related issues and disorders. Formerly PSY 250. Pre-requisites: PSY 155

PSY 374 Psychology of Women

This course provides an overview of psychological theory and research related to the study of women, including research on gender, gender socialization, and sex differences. It will evaluate traditional views and feminist perspectives. Students will learn how gender and sexism interact with ethnicity, class, and age across the lifespan to influence women's lives and understandings. (Formerly PSY 255.) Pre-requisites: PSY 155

PSY 375 Hist & Sys Of Psych

This course examines the beginnings and development of psychology as a science and profession; psychology's historical roots in philosophy, biology, and national culture. (Formerly PSY 430.) Prerequisite(s): PSY 155

PSY 376 Forensic Psychology

This course addresses selected topics in the area of forensic psychology. The focus of the course will center on the theory, science, applications, and practices of psychology in the criminal justice system. Topics will include police and investigative psychology, family forensic psychology, psychology of crime and delinquency, legal psychology, expert witness testimony, and issues related to corrections. (Formerly PSY 245.) Prerequisites: PSY 155

PSY 377 Sports Psychology

Students will be introduced to concepts in sport psychology. Issues of individual athletes, athletic teams, and sport psychology interventions are discussed. Students are introduced to conceptualizing and presenting sport psychology issues and interventions. (Formerly PSY 260.) Prerequisites: PSY 155

PSY 379 Special Topics

PSY 444 Research in PSY I

This course provides the student with an opportunity to do research with a faculty member. The student and the faculty member agree on the research project before the student registers for the course.

PSY 445 Research in PSY II

This course is a continuation of the 444 research course. It provides the student with an opportunity to continue to conduct research with a faculty member.

PSY 460 Internship I

This course provides students with practical, hands-on training in a professional psychology setting aligned with their interests. Potential sites include counseling & clinical services, schools, businesses, nonprofits, community mental health facilities, prisons, research labs, and child/family agencies. Students will gain vital real-world experience to prepare them for their career or graduate study. (Formerly PSY 495.) Restrictions: Sophomore standing or higher. Pre-requisites: PSY 155

PSY 461 Internship II

This course is a continuation of PSY 460. Students can complete and internship at the same site or a new site. (Formerly PSY 496.) Restrictions: Sophomore standing or higher Pre-requisites: PSY 155, PSY 460

PSY 470 Special Topics

This course examines contemporary issues in psychology (e.g., psychology of women, drug abuse, forensic psychology, sports psychology, or prejudice). Prerequisite: varies with topics.

PSY 471 Special Topics

This course examines contemporary issues in psychology (e.g., psychology of women, drug abuse, forensic psychology, sports psychology, or prejudice). Prerequisite: varies with topics.

PSY 480 Emotions

This capstone course about emotion will cover basic theoretical perspectives, including biological foundations, and essential emotion processes such as emotion regulation. Individual emotions such as happy, sad, angry, etc. will be discussed. The course will culminate with coverage of emotion-related constructs such as empathy and positive psychology. The course will require lab work to apply concepts and students will be required to complete a capstone project. (Formerly PSY 405.) Restriction(s): Senior standing Pre-requisites: PSY 155

PSY 481 Research Design II

This capstone course offers the application of psychological theory and research design to the development of an original research study. Each student completes a literature review, develops study aims and hypotheses, plans a research method, and writes a study proposal. Considerations for ethical conduct of research and research dissemination are discussed as well. Options are available for collecting and analyzing data during this course or in future research independent studies. (Formerly PSY 331.) Restriction(s): Junior or senior standing as psychology major or minor. Pre-requisites: PSY 155, PSY 211, PSY 311, PSY 330

Program Contact Information

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